

The Learning Conductor - Conducting Course 78

With Magna Sinfonia

Dates: 28 October - 1 November 2024

Location: Rockbourne Village Hall, Hampshire & Bournemouth School for Girls

Fee: £950 (Accommodation and travel not included)

Course Overview:

Join us for an extraordinary learning experience at **Peter Stark's Conducting Course 78**, where you will explore the silent art of conducting in an intensive, hands-on programme. This unique course is designed to sharpen your non-verbal communication skills and deepen your understanding of musical interpretation, all while focusing on the critical elements of physical technique and leadership.

Course 78 culminates with a final day of conducting the **Magna Sinfonia**, allowing you to apply your newly refined skills in a real-world setting, including a special public run-through session. Designed for conductors with some practical experience, from aspiring students to seasoned professionals, this course offers an immersive experience that blends individual coaching, group discussions, and innovative silent conducting techniques.

What Makes This Course Unique?

1. Focus on Silent Conducting: This course emphasises silent conducting, teaching you to communicate musical ideas effectively through body language, gestures, and expressions. Under the expert guidance of **Peter Stark**, one of the world's leading conducting mentors, you will learn to lead musicians with clarity and confidence, even in the absence of sound. This radical approach strips away distractions, allowing you to focus purely on the essence of conducting.

2. Repertoire: Dive deep into two pieces from the standard symphonic repertoire: **Haydn's Symphony No. 99** and **Gounod's Symphony No. 1**. Through comprehensive score study sessions and practical conducting exercises, you will gain valuable insights into interpreting and conveying these pieces, enhancing both your technical precision and expressive range.

3. Personalised Instruction: With a maximum of 8 participants, this course ensures that each conductor receives focused, one-on-one feedback from Peter Stark. This small-group format provides ample podium time for individual reflection and development, allowing you to discover and refine your unique conducting style.

4. Alexander Technique Sessions Included: Participants will benefit from two included one-on-one sessions with **Alexander Evans**, the resident Alexander Technique teacher for the European Union Youth Orchestra. These sessions focus on improving posture, reducing tension, and enhancing physical awareness, ensuring a natural and effective conducting style that maximises your physical capabilities and minimises the risk of injury.

5. Final Day with Magna Sinfonia and Public Run-Through: The course concludes with an exceptional opportunity to conduct the **Magna Sinfonia**. Participants will showcase their refined skills in a **public run-through**, providing an invaluable experience to conduct in front of an audience and receive feedback from both the orchestra and Peter Stark. This event allows you to

solidify your skills, gain confidence, and practise your non-verbal communication in a real-world environment. This will also give you the opportunity to make a recording of your final run through.

Course Content:

- Silent Conducting
- Leadership Session
- Baton Technique
- Sight-Singing
- Score Learning
- Group Discussion
- Body Use
- Rehearsal Psychology

Course Schedule:

Monday, 28 October:

- **14:00 - 15:00:** Arrival
- **15:00 - 18:00:** Introductory session
Followed by supper at a local pub.

Tuesday, 29 October:

- **11:00 - 14:00:** Individual Alexander Technique lessons with Alexander Evans
- **14:00 - 17:00:** Session 1
- **17:00:** Supper (hall)
- **18:00 - 21:00:** Session 2

Wednesday, 30 October:

- **12:00 - 14:00:** Individual Alexander Technique lessons with Alexander Evans
- **14:00 - 17:00:** Session 3
- **17:00:** Supper (hall)
- **18:00 - 21:00:** Session 4

Thursday, 31 October:

- **09:00 - 11:00:** Individual Alexander Technique Lessons with Alexander Evans
- **11:00 - 14:00:** Session 5
- **14:00:** Lunch (hall)
- **15:00 - 18:00:** Session 6

Friday, 1 November:

- **11:00 - 14:00:** Rehearsal with Magna Sinfonia
- **15:00 - 16:00:** Public Run-Through
- **16:00 - 18:00:** Group Reflection and Feedback

Some previous conducting experience (even if limited) is essential to fully benefit from the intensive nature of this programme.

Limited Spaces Available – Register Now!

With only 8 spots available, this course offers a unique, focused environment where each participant receives the personal attention and guidance needed to excel. Don't miss this chance to transform your conducting skills and lead with confidence and clarity.

To register or for more information, please email: info@peterstark.co.uk

Visit our website for full course details: www.peterstark.co.uk